

When to contact us?

The risks of complications are very small, but if you have heavy bleeding, severe abdominal pain, a fever or vaginal discharge, please call the gynaecology ward and ask to speak to a nurse.

Contact numbers:

Lincoln County Hospital, Lincoln:
Branston ward: 01522 573132/01522 572558
Hemswell Clinic: 01522 573677 (Mon to Fri 8:00am to 4:00pm)

Pilgrim Hospital, Boston:
Gynaecology Ward M2: 01205 445432

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.



If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk



Outpatient Medical Management of Miscarriage

Gynaecology Department

Lincoln County Hospital and Pilgrim Hospital
www.ulh.nhs.uk



We are sorry that you have had a miscarriage. To help you get through this difficult time, you should have already received information on different treatment options. This leaflet gives you information about medical management of miscarriage at home.

You are offered this option only if you are deemed to be suitable and measuring less than 9 weeks of pregnancy according to scan.

What does it involve?

You will be advised to attend our ward. Tablets (Misoprostol) are inserted into the vagina to initiate the process. After 1 to 2 hours you are allowed home with advice.

What happens afterwards?

Most women will be able to drive home but if the staff looking after you feel you are not ready to drive, they may ask you to stay for longer or someone to drive you home.

You will have pain and bleeding, more than a period, in the immediate 24 to 48 hours. You will pass the pregnancy tissue with bleeding.

If the bleeding is very heavy i.e. soaking x 2 maxi pads in two consecutive hours, please contact or attend the gynaecology ward or your nearest A&E.

You will continue to experience some pain and bleeding during the management period of 3 weeks.

Side effects of Misoprostol (tablets) are nausea, vomiting and diarrhoea.

You will be given painkillers to help with any ongoing discomfort and medication for the management of nausea.

If you have not had any bleeding in 24 hours you must contact EPAU/gynaecology ward to discuss repeat medical or surgical management.

Please contact the gynaecology ward if there is excessive pain or bleeding.

Follow up

You are advised to do a pregnancy test in 3 weeks and if positive to contact EPAU and return for a review/ultrasound scan.

What are the risks?

- There is a small risk that you may not pass all the tissue, therefore, you may need a repeat treatment or a surgical management
- There is a small risk of bleeding and even smaller risk of severe bleeding, which may result in needing a blood transfusion
- There is a minimal risk of infection which can be treated with antibiotics

What alternatives are available?

The alternatives to this option are to either have the same procedure as an in-patient, wait and see if the pregnancy tissue comes away by itself or have a surgical procedure for removal of pregnancy tissue.